



Location Guide

 **Working in
New Zealand**

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North Island





1

Northland

Known as ‘the winterless North’ for its subtropical climate, Northland’s expanses of white sandy beaches, great fishing and scenic locations like the Bay of Islands all combine to make it a popular place to live.

New Zealand’s northernmost region is home to around 150,000 people. Roughly half live in the largest city, Whangarei, around two hours drive from Auckland.

Northland is particularly rich in Māori tradition, having welcomed the canoes of the first explorer Kupe around 800 years ago. Today, around a quarter of Whangarei’s population identify themselves as Māori.

The warm climate and safe harbours also drew the first European settlers, and Paihia, an hour north of Whangarei, was New Zealand’s first seat of government. New Zealand’s founding document, Te Tiriti (The Treaty of Waitangi) was signed just outside Paihia in 1840.

New Zealand’s northernmost region is home to around 150,000 people.

Whangarei

Whangarei itself is a bustling town offering a choice of family homes, townhouses and apartments. There are good schools, a tertiary education provider and excellent community amenities. It offers a range of specialty stores, fashion shops, restaurants, cafes and other entertainment options, including a strongly developing arts scene.

A keen sporting community enjoys a full range of facilities, including parks, an aquatic centre, an all-weather athletics track and a new events centre which, among other activities, hosted several games at the 2011 World Rugby Cup.

Northland is the destination of choice for many lifestyle-motivated new arrivals who are prepared to live on less, or work harder and drive further, in exchange for the privilege of living here.

Whangarei Hospital

Whangarei Hospital is Northland District Health Board's (DHB's) main hospital. It is a secondary hospital, providing specialist care to all of Northland.



Services include:

- Seven surgical theatres each with own speciality
- Seven bed Intensive Care Unit and High Dependency Unit – helicopter retrievals and transfers
- 24-hour Emergency Department
- Paediatrics – Paediatric Ward' Special Care Baby Unit and Intensive Care Unit
- Medical and Disability Support – two medical wards including Dialysis and Coronary Care
- Mental Health and Clinical Support – including 31-bed Inpatient Ward Maternal and Child Health – purpose-built Child Health Centre
- Māori Health Service
- Community Health Services – located off-campus in Whangarei and in the community. The services encompass Dental, Primary Care Nursing, Allied Health and Public Health Services
- Radiology – the Imaging Department offers full radiology services (with the exception of nuclear medicine)
- Clinical Support Services – Pharmacy, Physiotherapy, Pathology, Occupational Therapy, Speech Therapy, Radiology, Social Work, Dietetics and Occupational Health



2

Thames

Thames is a town at the southwestern end of the Coromandel Peninsula in New Zealand's North Island. The town is a gateway to outdoor adventures. Enjoy a great coffee and soak up the gold mining heritage.

A 90-minute drive from Auckland, Thames is the rural centre of The Coromandel. The town was formed in 1870 from two smaller settlements – Shortland and Grahamstown – founded to support gold mining in the early 1860s.

The northern end of Thames, known still as Grahamstown, offers cafés and boutique shops in a charming colonial setting. Be sure to visit the museum, which covers early Māori times, the arrival of the first pioneers and the development of mining, logging, railways and shipping. You can also visit the historic School of Mines, which is open from Wednesday to Sunday year-round.

You can see wallabies on the beach at Cape Hillsborough National Park, dive with shy platypus in Eungella National Park or throw a line in at some of the state's best fishing spots.

Thames Hospital

Thames Hospital is a secondary level hospital 100 kilometres north of Hamilton. It serves the Thames, Coromandel Peninsula, Hauraki and Paeroa areas. Thames Hospital has a 24-hour emergency department and covers the usual range of general surgery and general medicine. The facility is part of the Waikato District Health Board.

The hospital has a clinical centre with Emergency Department, radiology, laboratory and outpatient clinics, plus an inpatient area.

Services include:

- Emergency Department providing 24-hour care
- X-ray and laboratory services Monday to Friday; on call for acutes after hours
- Inpatient Unit with 48 ward beds
- for medical or surgical patients plus 10 rehabilitation beds
- Day Unit and Theatres for planned surgical procedures and endoscopy (Monday to Friday). Patients staying overnight will be admitted to the inpatient unit
- Outpatient clinics – Over 1000 people visit outpatient clinics each month for a wide range of services



Waikato is a local government region of the upper North Island of New Zealand, governed by the Waikato Regional Council. It covers the Waikato, Hauraki, Coromandel Peninsula, the northern King Country, much of the Taupo District, and parts of the Rotorua District.

The region stretches from Coromandel Peninsula in the north, to the north-eastern slopes of Mount Ruapehu in the south, and spans the North Island from the west coast, through the Waikato and Hauraki to the Coromandel Peninsula on the east coast. Broadly, the extent of the region is the Waikato River catchment.

Other major catchments are those of the Waihou, Piako, Awakino and Mokau rivers. The region is bounded by Auckland on the north, the Bay of Plenty on the east, Hawke's Bay on the south-east, and Manawatu-Wanganui and Taranaki on the south. The Waikato region is the fourth largest region in the country in area and population. It has an area of 25,000 km² and a population of around 460,000 people.



Waikato

The city is home to approximately 40,000 tertiary students and 1,000 PhD-qualified scientists.

Hamilton

Hamilton (Māori: Kirikiriroa) is a city in the North Island of New Zealand. It is the seat and most populous city of the Waikato region, and is the country's fourth most-populous city with a territorial population of 165,000. Encompassing a land area of about 110km² on the banks of the Waikato River, Hamilton is part of the wider Hamilton Urban Area, which also encompasses the nearby towns of Ngaruawahia, Te Awamutu and Cambridge.

Initially an agricultural service centre, Hamilton now has a diverse economy and is the third fastest growing urban area in New Zealand, behind Pukekohe and Auckland. Education and research and development play an important part in Hamilton's economy,

as the city is home to approximately 40,000 tertiary students and 1,000 PhD-qualified scientists. It's often a popular destination for those looking to escape Auckland's traffic, bustle, and high cost of living, as it combines the comfort and amenities of city-living with a more laid back, family friendly environment.

A geographically and culturally diverse area, the Hamilton & Waikato region has a range of activities and attractions to suit all ages and tastes – from surfing world-class breaks down at Raglan beach and exploring the glow worm caves of Waitomo, to wine tasting and heritage trails or just relaxing in the beautiful Hamilton Botanical Gardens.

Waikato Hospital

Waikato Hospital is an 800-bed tertiary referral hospital and trauma centre servicing a population of 860,000 people across the New Zealand Midlands. It provides specialist services across most fields. Waikato Hospital employs more than 6,500 staff and is part of the Waikato District Health Board, which comprises three rural hospitals too.



Tokoroa

Tokoroa is the fifth largest town in the Waikato region. It is situated between Taupo and Hamilton on State Highway One and is approximately 30km Southwest of Rotorua. As of June 2018, the population was estimated at just over 14,000 people.

Tokoroa is a timber town at heart. It sits between the lush farmland of the Waikato and the vast pine forests of the central North Island. Tourists and visitors can follow the stunning 'talking poles' trail through the town centre to learn about Tokoroa's history and people. The beautiful Lake Moana-Nui is also a must-see, having been restored to its former glory in 2015.

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Tokoroa Hospital

Tokoroa Hospital is a small rural hospital about 90 kilometres south of Hamilton. It serves the South Waikato area and is part of the Waikato District Health Board. Currently, the hospital provides 21 beds made up of a 17-bed inpatient ward and a 4-bed maternity ward. There is also a dedicated emergency department with capacity for five patients, and a fully functional theatre suite presently used for minor day surgery.

Other facilities include x-ray and laboratory services, a cafe, a helipad for patient transfer and various allied health services. District and public health nursing, diabetes nursing specialists, occupational therapy, physiotherapy and health social work services are based on the hospital site, which also hosts clinics with various visiting specialists.

The hospital site also accommodates the Tokoroa Council of Social Services (an umbrella organisation of community services), and since 2014 has also hosted the town's GP practices, a pharmacy and several other health services in a modern health campus based at the hospital's former Ward 3.

Tokoroa Hospital has a dedicated emergency department with capacity for five patients, and a fully functional theatre suite presently used for minor day surgery.



Located on the Eastern side of the North Island, the Bay of Plenty is a picturesque and progressive region that certainly lives up to its 'plentiful' name – it's a great place to live in New Zealand. The Bay of Plenty is famed for its lifestyle opportunities and a climate that means outdoor activities can be enjoyed year-round.

Perhaps the most identifiable element of the Bay of Plenty is its expansive coastline – home to stunning white sand beaches that are a major drawcard for Bay residents and holidaymakers alike.

At the heart of the Bay's beachy sea-side culture is the town of Mount Maunganui. 'The Mount' as it's affectionately known to New Zealanders sits between a natural deepwater harbour and the Pacific Ocean, and is a favourite base for water-related activities such as swimming, boating, fishing, surfing and diving.

Inland, there is a vast array of activities including tramping, white water rafting and kayaking, snow and water skiing, hunting, golf courses and many wineries to explore.

The most identifiable element of the Bay of Plenty is its expansive coastline.

Tauranga

Tauranga is New Zealand's fifth-largest city and home to an estimated 125,000 people. It's a city that sits right on the water's edge and is well-known for its blue skies, warm climate, sparkling harbour and relaxed lifestyle.

Māori first discovered this area in the 13th Century and named it "Tauranga", meaning 'the place of rest or anchorage'. It has grown rapidly in recent years and now offers cosmopolitan city living combined with a laid-back atmosphere.

The city airport is located just over the Tauranga Harbour Bridge where you can catch direct flights to and from Auckland, Wellington and Christchurch. If you choose to drive, it's an easy 2.5-hour road trip south from Auckland, or a slightly longer car journey northwest from Hawke's Bay.

Here you will find yourself surrounded by, and drawn to, Tauranga's harbour which is sheltered from the open ocean by Matakana Island and Mount Maunganui.

The city's main hospitality area is right on the waterfront. Choose from a wide range of bars and restaurants along The Strand

where fine dining and international cuisine is served alongside bar snacks and tapas platters. This is where locals come to share after-work drinks, celebrate big events and socialise with friends.

Tauranga's growing arts scene is evident right across the city. You are sure to notice renowned local street artist Owen Dippie's major works which span several stories high on the side of many buildings. Pay a visit to Tauranga's Art Gallery to view national and international exhibitions and be charmed by Greerton's yarn bombing craze, where giant balls of wool and knitting encase the trunks of cherry trees which line the suburban village streets.

This city is also the economic hub of the Western Bay of Plenty. Many national and international businesses are based here, and the bustling Port of Tauranga is the country's largest export port. Catch a glimpse of the port in action as you drive over the Harbour Bridge or take a scenic helicopter flight across the region.

Head just out of town to explore walking tracks and waterfalls, or take your courage with you to the TECT All Terrain Park to experience high wire adventures, mountain biking and motorsport activities.

Whether you want to dine, shop, explore the fascinating culture and history, or simply kick off your shoes and relax on the green grass under blue skies, Tauranga is waiting for you.

Tauranga Hospital

Tauranga Hospital provides health services to the people of the Western Bay of Plenty. A secondary hospital, it provides level 4-5 services including medical, surgical, paediatrics, obstetrics, gynaecology and mental health. The hospital is also a base for a range of associated clinical support services and allied health, such as rehabilitation, speech therapy, physiotherapy, stroke and cardiac support, district nursing and drug and alcohol programmes.

There are 349 beds at Tauranga Hospital, including the Special Care Baby Unit, maternity and mental health. Approximately 224 beds are available for medical and surgical patients (including critical care and coronary care) with a further 58 for children and older people and 17 for a medical day stay. 24 beds are designated for mental health patients and 10 for mental health for older people. There are 43 beds available for maternity, including 12 for the special care baby unit.

Tauranga Hospital serves one of the fastest-growing populations in the country and the campus has undergone significant development in recent years to allow the BOPDHB to grow health services to match. In recent years the hospital has seen the construction of a new wing, including new theatres, an outpatient's department and a maternity unit, of extremely high quality.



Whakatāne

Welcome to Whakatāne – the sunshine capital of New Zealand! Local Māori believe New Zealand was first discovered more than 1,000 years ago by Tiwakawaka, who settled his people in what is now Whakatāne. The town takes pride in its rich Māori history and is the perfect place to enjoy authentic cultural experiences.

Whakatāne is the cultural hub of the coastal Bay of Plenty and is home to Ngāti Awa (the dominant Māori tribe in this area). You can experience New Zealand's indigenous culture first-hand when you visit Mataatua Whareniui – the most well-travelled Māori meeting house in the country.

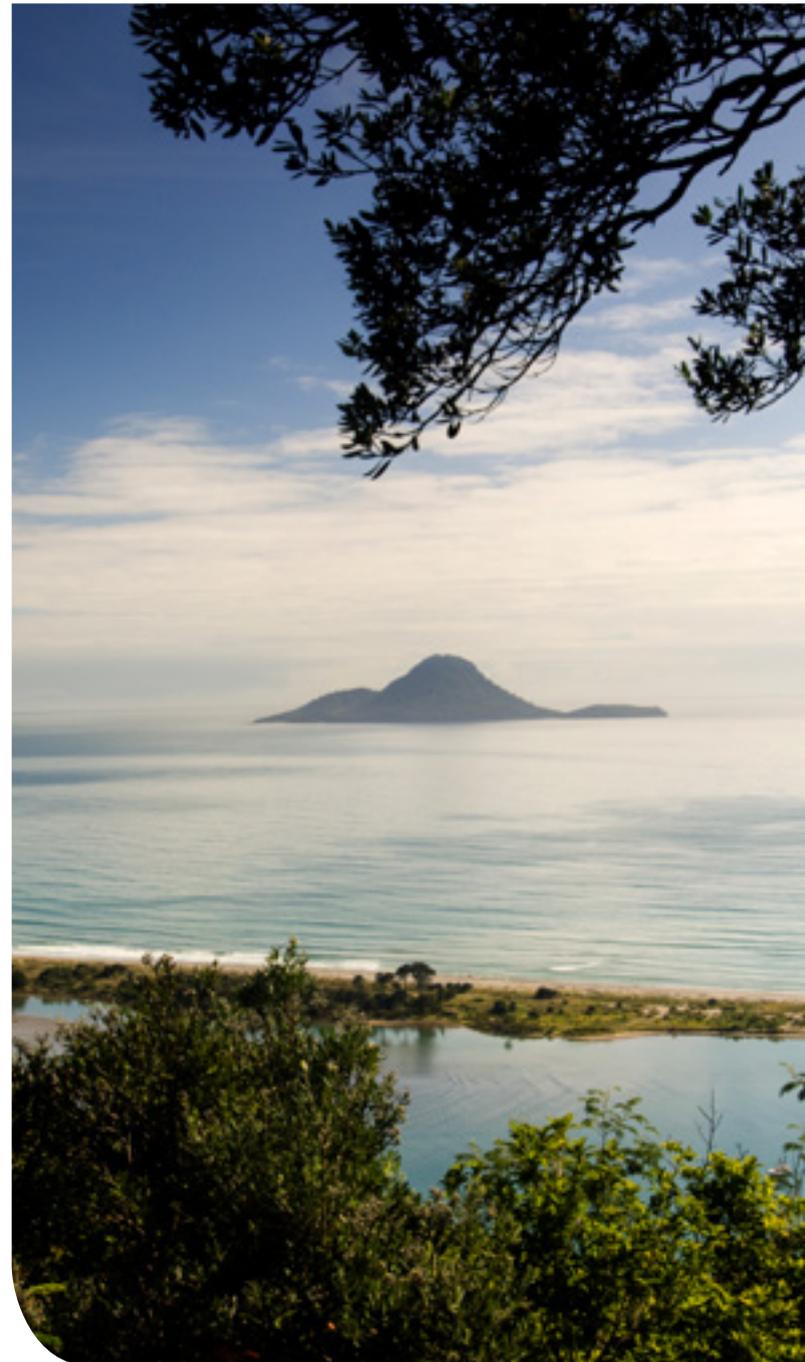
Learn why this grand building spent more than 130 years away in Australia and the UK before returning home to Whakatāne. Admire its intricate wooden carvings and feel the spiritual presence of Māori ancestors. A digital light show combined with cultural songs and stories will leave your spine-tingling.

Visible from the shore sits Moutohora (Whale Island). Join a small tour group and explore the island looking for native birds and seals. Dig your own hot pool at Sulphur Bay beach and watch geothermal hot water rise up through the sand.

Whakatāne is known as the 'kiwi capital of the world' and is home to many of these rare flightless birds. Listen for their calls at night as they scuttle through nearby bush and reserves.

The fertile land that surrounds Whakatāne is a wonderful place to sample fresh produce – especially summer berries. Visit Julian's Berry Farm on the outskirts of town to pick fresh strawberries, blueberries, raspberries and more. Or try one of their enormous berry ice-creams, made right in front of your eyes.

Whakatāne is known as the 'kiwi capital of the world' and is home to many of these rare flightless birds.



Whakatāne Hospital

Whakatāne Hospital provides health services to the people of the Eastern Bay of Plenty. A secondary hospital, it provides level 3-4 services including medical, surgical, orthopaedics, paediatrics, obstetrics, gynaecology and mental health. The hospital is also a base for a range of associated clinical support services and allied health, such as rehabilitation, speech therapy, physiotherapy, stroke and cardiac support, district nursing and drug and alcohol programmes.

There are 110 beds at Whakatāne Hospital, including the Special Care Baby Unit, Maternity and Mental Health. Approximately

67 beds are available for medical and surgical patients with a further 14 designated for children.

Whakatāne Hospital serves a population that is rurally and coastally based, covering a wide geographic region. The BOPDHB is currently working on plans to redevelop the hospital campus, to meet new seismic requirements and the modern needs of a diverse region.

It is envisaged that Whakatāne Hospital will be a key base for clinical and medical trainees in the future, as the DHB's Clinical School becomes more established. Some training and placement programmes are already underway.



Rotorua

Rotorua is known for bubbling mud pools, shooting geysers and natural hot springs, as well as showcasing our fascinating Māori culture.

Catch a whiff of Rotorua's sulphur-rich air and you've already had an introduction to NZ's most dynamic geothermal area. The Māori revered this place, naming one of the most spectacular springs Wai-O-Tapu (Sacred Waters). Today 34% of the population is Māori, with cultural performances and traditional hāngi (steam-cooked banquets) as big an attraction as the landscape itself.

Nestled beside the cerulean blue Lake Rotorua, the township of Rotorua is home to one of the most unique tourism sites in the world. Aside from the breathtaking scenery of this volcanic-shaped wonderland, the 16 beautiful lakes in the region and the lush green of the abundant native flora, Rotorua is a geothermal paradise and the cultural heartland.

Rotorua is a geothermal paradise and the cultural heartland.



Lakes District Health Board

Lakes District Health Board serves a population of just over 100,000 and covers 9,570 square kilometres. It stretches from Mourea in the north to Mangakino in the west down to Turangi in the south and across to Kaingaroa village in the east. The major centres of population are Rotorua and Taupo and the main smaller communities are Mangakino and Turangi. The DHB's boundaries take in the two main iwi groups of Te Arawa and Ngati Tuwharetoa.

Lakes DHB is responsible for the provision (or funding the provision) of the majority of health services in the Lakes District.

Services include:

- Two hospital sites (Rotorua and Taupo)
- Nine continuing care facilities – in addition, we have one Hospital Specialist Services – Psychogeriatric Unit
- One mental health inpatient facility
- Four community bases for mental health iCAMHS (Infant, Child and Adolescent): Adult community at Rotorua and Taupo; and Mental Health Service for Older People Rotorua
- 14 aged related residential care facilities (rest homes)
- 18 pharmacies (11 Rotorua, 6 Taupo, 1 Turangi)
- 21 GP practices (5 Taupo/Turangi/Mangakino and 16 Rotorua)
- 12 Māori providers, one of which also looks after Pacific interests
- Two primary health organisations

Lakes DHB:

- Works with key stakeholders to plan the strategic direction for health and disability services
- Plans regional and national work in collaboration with the National Health Board and other DHBs
- Funds the provision of the majority of the public health and disability services in the Lakes district, through the agreements with providers
- Provides hospital and specialist services primarily for our population and also for people referred from other DHBs
- Promotes, protects and improves our population's health and wellbeing. Through health promotion, health protection, health education and the provision of evidence-based public health initiatives





Ruapehu's largest town, Taumarunui is a great base for exploring Whanganui and Tongariro National Parks, Pureora Forest and beyond.

Nestled in green hills at the junction of the Whanganui and Ongarue Rivers, Taumarunui's rich history starts with early Māori (who named it 'the place of big shelter') and rolls through the railways and associated pioneering industries of coal mining, forestry and farming.

Today, this vibrant town is the launching point for a raft of outdoor activities, including Whanganui River canoe trips and trout fishing for which the area is world-famous for. Other options include mountain biking through Pureora Forest on the Timber Trail, and taking the famous rail cart trip with Forgotten World Adventures. Railway enthusiasts may also want to check out the engineering marvel known as the Raurimu Spiral, not far away.

Visitors looking for more relaxing activities are also well catered for. Must-dos are shopping on the high street, visiting Lauren's riverside lavender farm, and enjoying good food and company down at the friendly RSA.

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Taumarunui Hospital

Taumarunui Hospital is a rural hospital 160km south of Hamilton. It serves the King Country and northern Ruapehu districts and is part of the Waikato District Health Board.

Recently, a new model of care was launched to reduce the high number of non-emergency visits to Taumarunui Hospital. Waikato DHB's Community Southern Rural Health and Taumarunui Community Kokiri Trust started a collaborative project to help locals connect with their primary health care providers.

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Services include:

- Emergency Care
- Acute Care
- Hospital Delivery
- Counselling
- Convalescent Care
- Burn Care
- Breast Care
- Maternity Services
- Home Health Care
- Childbirth
- Assisted Living





Hawke's Bay is a region on the east coast of New Zealand's North Island and is world renowned for its wine (red wine in particular). The region has a population of 164,000, 3.4 percent of New Zealand's total population. The two main cities are located close to each other – Napier on the coast, and Hastings 17 kilometres inland. Smaller towns include, Wairoa, Waipawa and Waipukurau, while other small settlements are found throughout the region.

Hawke's Bay has a mild climate. Summer is commonly sunnier and warmer than the New Zealand average with droughts occurring regularly. Winters are also far from arctic, although frosts and occasional snow aren't unheard of.

As New Zealand's oldest wine region, Hawke's Bay wine is known for its complexity and range in taste, although it's not just an integral part of the visitor experience in Hawke's Bay, but also a vital pillar of the economy. With over 70 wineries across the region, you'll find almost endless opportunities to explore the spectacular vineyard countryside and enjoy the world class wines and hospitality on offer.

From the beautiful rocky slopes of Te Mata Peak and Cape Kidnappers, to the National Aquarium and the all ages fun of Splash

Planet, there's something for everyone to enjoy in Hawke's Bay and so much more to the area than sunshine and wine.

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Hawke's Bay Fallen Soldiers' Memorial Hospital

Hawke's Bay Fallen Soldiers' Memorial Hospital is a 364-bed hospital located in Hastings. In 2015, Hawke's Bay Hospital reverted to its original name, Hawke's Bay Fallen Soldiers' Memorial Hospital, to mark the centenary of World War I.

Services include:

- Children's Health
- Maternity
- Surgical
- Medical
- Mental Health



One of the first cities to be founded in New Zealand, Whanganui, meaning ‘big bay’ or ‘big harbour’, comes from the great river that flows through it.

Once New Zealand’s fifth-largest city, Whanganui still features the picture-perfect heritage buildings, world-class museums and established gardens developed over a century ago.

Look in any direction and you’ll see a wide river, black sand beaches or rolling green hills with views of Mount Taranaki and Mount Ruapehu on the horizon.

Home to hundreds of working artists, Whanganui is buzzing with creative energy. From the hot kiln studio at New Zealand’s only community glass centre to the prestigious New Zealand Opera School, there is no shortage of artistic talent. The town is also home to numerous galleries, theatres and music venues.

Whanganui still features the picture-perfect heritage buildings, world-class museums and established gardens developed over a century ago.

Whanganui Hospital

Modern facilities, modern equipment, modern thinking and the opportunity to make a real difference are four good reasons why staff enjoy working for the WDHB. It’s an organisation that ‘punches well above its weight’ within New Zealand’s healthcare sector.

Whanganui Hospital is situated on the West Coast of New Zealand’s North Island within easy access of Wellington. The hospital has a wide range of services with general medicine, general surgery, orthopaedics, O&G, ENT, ophthalmology, dental and psychiatry included.

The Emergency Department has approximately 20,000 presentations each year (including paediatrics). The department is well equipped with a 5-bed short stay ward and performs a range of ED-based procedures, including manipulations and cardioversions under sedation.

The Critical Care Unit caters for the majority of our intubated patients, with further support and other specialties provided by Palmerston North Hospital and tertiary care at Wellington Hospital.

Whanganui's located on the historically significant and beautiful Whanganui River.

It's close proximity to the mountains makes it ideal for tramping, skiing, fishing and a variety of outdoor adventure pursuits. Whanganui proudly boasts a heritage rich in arts and culture, and excellent educational and sports training facilities.

It offers a relaxed lifestyle, affordable housing, and an easy commute to work. Not to mention, an easy two-and-a-half-hour drive from Wellington. Whatever your interests, Whanganui can offer the best of both worlds – the perfect work opportunity, and a lifestyle to match.





Palmerston North is home to 84,000 people, making it New Zealand's eighth largest urban area by population. Often described as having the ideal combination of vibrant city life and accessible rural pursuits, Palmerston North is also handily located just over two hours' drive from Wellington International Airport. The original Māori name for the site of the city, "Te Papa-i-Oea," translates to "How beautiful it is". We're confident you will agree.

One of Palmerston North's draws is the New Zealand Rugby Museum, where you can learn the history of the sport that has helped to shape the country and peruse a collection of some of the world's rarest rugby artefacts. Continuing your cultural education, Palmerston North is also home to a variety of art galleries including the Zimmerman Art Gallery, as well as several heritage collections and even a liberal sprinkling of urban street art which you can find across the area.

Though the city is famed for its array of beautiful parks, Victoria Esplanade stands out as the largest and arguably most beautiful. Set against the bank of the Manawatu River, the park is home to 26 hectares of bush

walks, bike tracks and gardens, with plenty of picnic facilities and a café located at the centre.

You can also gain free admission to the Central Energy Trust Wildbase Recovery Centre. The centre takes local native wildlife that has recently undergone treatment at Massey University (just across the Manawatu River) and helps to rehabilitate them. Admission is free, with multiple rehabilitation, breeding and walkthrough aviaries.

For a slightly more adventurous outdoor experience, you can take the Kahuts Shuttle service to Arapuke Forest Mountain Bike Park, located just over 10km from the city. Once there, you have access to more than 30km of single track from grade 2-6 with a variety of trail types including flow, jumps, technical and extreme.

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Palmerston North Hospital

Operated by the MidCentral District Health Board and located on the northern edge of the city near Palmerston North Airport, the hospital services an 880,000-hectare geographic region spanning the North Island.

Facilities include a dedicated Intensive Care Unit, Coronary Artery Unit and Neonatal Unit as well as one of the largest trauma centres in New Zealand. The hospital is a 350-bed secondary care facility that services an urban population of more than 85,000 with a total population catchment of roughly twice that number. The hospital is a teaching

centre and is linked with both the Auckland and Otago medical schools.

In 2018, Palmerston North Hospital turned 125 years old, having served the Manawatu region since 1893! The hospital came into existence thanks to the efforts of the local community who acquired land, petitioned the government to change legislation and organised a myriad of fundraising activities. The project was eventually completed at a cost of three times the initial budget, with provision for the care of 25 patients. Interestingly, one of the original members of staff, Ellen Dougherty, was the world's first Registered Nurse.





Wairarapa occupies the south-eastern corner of the North Island, east of the capital city Wellington and south-west of the Hawke's Bay region. The name means "Glistening Waters" and is said to have been applied by an early Māori explorer, Haunui, who saw the rivers and lake from the mountains to the west.

The charming region offers travellers a wide range of experiences. Head up to the Waiohine Gorge at the foot of the Tararua Ranges and a swing bridge is your gateway to tramping tracks into the breathtaking Forest Park. You could also head out to Cape Palliser on the coast and you'll pass through the tiny fishing village of Ngawi where you'll see a colourful array of old bulldozers and tractors parked on the beach.

The towns have their own individual character and charm. Martinborough is the central hub of the local wine industry – take a tour of the vineyards – whilst Greytown has an architectural charisma and is a favourite weekend getaway amongst Wellingtonians.

Head up to the Waiohine Gorge at the foot of the Tararua Ranges and a swing bridge is your gateway to tramping tracks into the breathtaking Forest Park.

Wairarapa District Health Board & Hospital

The Wairarapa District Health Board meets the needs of around 45,000 citizens within the region. It employs around 700 staff (full-time and part-time). They work with others to plan, fund and provide a range of healthcare services for residents of Wairarapa, including:

- Primary healthcare providers
- Aged residential care and home support services
- Mental health providers
- Pharmacies
- Laboratory and radiology providers
- Local, regional and national hospitals
- Regional public health support

Wairarapa Hospital in its current form is a new, purpose-built facility that opened in 2006. The development had a budget of around \$30 million and was funded by the Wairarapa DHB. Wairarapa Hospital has 92 beds, an emergency department and the full range of standard health services such as medical, surgical, rehab, radiology, maternity and paediatrics.



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Wellington

Wellington is the capital and second-most populous urban area of New Zealand, with approximately 418,500 residents. It is located at the south-western tip of the North Island, between the Cook Strait and the Remutaka Range.

Surrounded by nature and fuelled by creative energy, Wellington is a compact city with a powerful mix of culture, history, nature and cuisine. Fuel your visit with strong coffee and world-class craft beer – Wellingtonians are masters of casual dining, with plenty of great restaurants, night markets and food trucks. Relax at Oriental Bay, Wellington's golden-sand inner-city beach and delve into the many museums, art galleries and theatre shows that make up the city's pulsing cultural scene.

If you're into the outdoors, Wellington has action-packed adventure activities like mountain biking and sea-water kayaking, as well as beautiful walks around the harbour and surrounding hills. Try the visually stunning Makara Peak track, as well as the City to Sea walk where you can experience the best of Wellington's waterfront. Ride the cable car up the hill to Kelburn for amazing views over the city and enjoy an ice cream at the top.

On the waterfront itself, you'll find the Te Papa Tongarewa Museum, New Zealand's national museum. Te Papa, as it's colloquially known, means 'our place' and is one of the best interactive museums in the world.

Surrounded by nature and fuelled by creative energy, Wellington is a compact city with a powerful mix of culture, history, nature and cuisine.

Wellington Hospital

Wellington Regional Hospital is the largest facility operated by Capital & Coast District Health Board (DHB) and is one of five major tertiary hospitals in New Zealand. It provides a comprehensive range of specialist secondary services and regional tertiary services. These tertiary services include cardiology and cardiothoracic surgery, neurosurgery, vascular surgery, renal medicine and transplants, genetics, oncology, paediatric surgery, neonatal intensive care, obstetrics, trauma, endocrinology, intensive care, urology, rehabilitation and specialised forensic services.

As a major teaching hospital, Wellington provides an educational environment for medical students of Otago University's Wellington School of Medicine and postgraduate training for clinical professionals. Wellington Regional Hospital is also the region's main emergency and only trauma service, with a rooftop helipad providing a link to surgical, intensive care, neonatal intensive care and emergency services. Inpatient adult mental health services and a day hospital are provided at Te Whare O Matairangi on the Wellington campus.

South Island





Situated on the eastern shores of Tasman Bay, Nelson is the oldest city in the South Island and the second-oldest in New Zealand – established in 1841 and declared a city by royal charter in 1858.

The city is renowned for its stunning natural landscapes, featuring everything from seemingly never-ending golden beaches to mesmerising forests and ruggedly stunning mountains. Everything is easily within reach, whether you arrive via ferry from the North Island, fly into the airport, or drive up from the South.

The city is renowned for its stunning natural landscapes.

Nelson Marlborough Health

Nelson Hospital, in particular, provides approximately 140 beds for Nelson and Tasman patients. Wairau Hospital also refers to Marlborough patients to Nelson Hospital for specialised services.

Nelson Marlborough Health: Key Facts

- The main funder and provider of health services in the Nelson, Tasman and Marlborough regions
- Employs more people than any other organisation in the region – around 2,500 people
- Comprised of two hospitals, two public health services and various community services
- Aids nearly 145,000 people



Situated at the heart of the Marlborough district, Blenheim boasts one of the sunniest climates in New Zealand, with warm summers and crisp winters amounting to an estimated average of 2,438 hours of sunshine per year. It is well-known as the centre of New Zealand's wine industry, and the abundance of vineyards surrounding the area, particularly in the stunning Wairau Valley, thrive in this environment. In fact, Blenheim produces the majority of New Zealand's Sauvignon Blanc, which has found favour all over the world for its vibrant, zesty quality.

In celebration of the region's diverse offerings, the annual Marlborough Wine and Food Festival is the longest-running event of its kind in New Zealand, showcasing local wines, fresh produce and world-famous entertainment. Those not inclined to winery-hopping will still have plenty of options to stimulate their taste buds, from sampling handmade chocolates to visiting a unique beer garden. In and around the urban area, you'll also find an abundance of cafes, restaurants, bars and artisan food outlets.

The town is home to several fascinating and affordable museums, including director

Peter Jackson's personal collection of WW1 planes and memorabilia on display in the "Knights of the Sky" exhibition at The Omaka Aviation Heritage Centre. The aviation story of the war is brought to life in sensational sets created by the acclaimed talent of Weta Workshop – a spectacle that is not to be missed!

Blenheim is a great place to explore on foot, with a range of popular walkways available in the district's many parks and reserves, including the Taylor River Reserve and the botanical gardens at Pollard Park, which is also home to a playground and golf course. Further afield, you'll find walks through the bush and along the rugged coastline, as well as fishing, kayaking, water-skiing and scenic cruises. Just a short drive away, you can swim with dolphins in the Marlborough Sounds or go whale-watching in Kaikoura. And although Blenheim gives the impression of being in a world of its own, Wellington is just a 30-minute flight away.

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Wairau Hospital

Falling under the Nelson Marlborough District Health Board – the major health services provider in the top of the South Island, Wairau Hospital provides approximately 65 beds for a catchment population of 44,000.

Key services include General Medicine, General Surgery, ENT, Dental, Urology, Orthopaedics, Ophthalmology, Paediatrics, Obstetrics and Gynaecology, AT&R and Anaesthetics, and also refers Marlborough patients to Nelson Hospital for specialised services when required. The hospital's Emergency Department was recognised by the National Asset Management Programme as the only one in New Zealand to provide adequate space, layout, storage and operating room capacity for a modern model of care.

For its medical staff, Wairau Hospital offers a range of facilities, including computers, printers, TV, a separate bedroom and kitchen, as well as showers, toilets and lockers. There is also a gym and a clinical library available on site. For those looking to upskill, there are plenty of opportunities to take part in training and education, from departmental teaching, lunchtime sessions and GP presentations to advanced cardiac life support training and radiology teaching – as well as generous training leave and expenses provisions.

Wairau Hospital's Emergency Department is recognised as the best performer in New Zealand in terms of space, layout, storage and operating room capacity.





13 **West Coast**

The West Coast is a region of New Zealand on the South Island. It is one of the more remote and most sparsely populated areas of the country, with the main towns being Westport, Greymouth, and Hokitika.

The region is steeped in gold and coal mining history and it still retains its character and pioneering spirit. Following the Gold Rush in the 1860s, coal became the region's main industry in the 1880s and has been a critical financial contributor to the community ever since. The area is also famous for its Greenstone and Timber.

'The Coast', as the locals call it, stretches over 600km, includes five national parks and welcomes over one million tourists a year. Stunning landscapes and jaw-dropping activities provide something for everyone.

Recent years have seen a tremendous tourist boom with more and more things to do year on year.

The region is well known for its charismatic locals and Kiwi hospitality – it's a true New Zealand experience. Key attractions in the region include Pancake Rocks, Franz Josef and Fox Glacier, the Haast World Heritage Area and Lake Brunner. You can choose helicopter rides to the incredible glaciers, walking and jet boat safaris, cave rafting, quad bike tours, a gold rush experience, bird-watching tours and much more.

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Te Nikau, Grey Hospital and Health Centre

The brand-new Te Nikau, Grey Hospital and Health Centre, designed to replace the current Grey Base Hospital, is purpose-built to provide more integrated services and deliver modern models of care to people across the West Coast.

The 8,500-metre, \$121.9 million facility includes 56 in-patient beds, three operating theatres, radiology, laboratory services and an integrated family health centre which will provide an exciting opportunity for staff to see the link between primary and secondary care under one roof. It also houses a 24/7

emergency department, critical care unit, acute and planned medical and surgical services, maternity services, paediatrics and outpatient care, as well as geriatric assessment, treatment and rehabilitation services.

Te Nikau's state-of-the-art design is futureproofed to allow for flexible ways of working, and will serve the community and wider region well into the future.

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Sitting midway between Christchurch and Dunedin, Timaru is the second-largest city in Canterbury. Touted as one of the region's "hidden gems", Timaru enjoys a mix of mountains, lakes, rivers and beaches, offering a rural family lifestyle to suit a range of tastes while still having access to excellent facilities, education, health and infrastructure. For those who need to travel further afield, Richard Pearse Airport is only a few minutes' drive away, providing regular flights to Wellington.

A sport and leisure hub, Timaru has a comprehensive range of community sporting facilities for everything from rugby and cricket to golf, yachting and even croquet – many of which are designed to international standards.

If you love the outdoors, you'll enjoy the many opportunities for tramping, climbing, mountain biking, boating, surfing and fishing that are available nearby, and there are also five ski fields within easy driving distance of the city. The golden sands of Caroline Bay is a favourite destination of the locals, offering a safe swimming beach, pool, playground, aviary, skate park, boardwalks, native

plantings and wildlife, and is host to a range of events and entertainment throughout the year.

Further inland, the 65-hectare Centennial Park (known locally as Scenic Reserve) offers activities for the whole family and is a prime location for walking, jogging, mountain biking and exercising dogs. You can even try your hand at BMX or orienteering, or perhaps have a picnic in the sun and feed the ducks – all just a short distance from the main urban area.

The city also offers a great collection of restaurants and cafés which link the beach to the main shopping area and is renowned for its Edwardian history and architecture, constructed in local volcanic bluestone. The arts and culture scene has something for everyone, with a rich blend of the historic, traditional and contemporary. The city's art gallery holds the third largest public art collection in the South Island, and the museum displays a fascinating collection of moa-hunter artefacts and whaling relics.

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Timaru Hospital

Timaru Hospital is a modern 24-hour General Hospital with 131 beds and \$70 million annual operating expenditure. Specialties include General Surgery, General Medicine, Cardiology Gastroenterology, Endocrinology, Emergency, Oncology, Rheumatology, Paediatrics, Psychiatry, Orthopaedics, Obstetrics & Gynaecology, ICU/CCU, Ophthalmology, ENT, Oral & Dental Surgery, and Geriatrics.

The average day sees around 35 hospital discharges, 45 emergency department attendances, 261 home/school visits and 281 outpatient attendances as the hospital provides quality health services that meet the needs of the community.

In 2019, it was announced that the hospital's emergency and outpatient departments

would undergo a \$1.4 million makeover to modernise the facilities, streamline services and create a better environment for patients. Key developments include new triage and treatment areas to provide faster tracking for patients with minor injuries and free up bed spaces in the Emergency Department, as well as a new procedure room to facilitate minor procedures on the ground floor rather than in a theatre.

The refurbishment will help to optimise the hospital's existing layout, enabling the best possible care for patients and the best working conditions for staff.

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Oamaru

Located 112 km north of Dunedin and home to about 13,000 people, Oamaru is the largest town in the Waitaki District and is thought to be one of the next boom towns attracting people looking to relocate from the big cities.

One of Oamaru's most renowned features is the Victorian Precinct, which is home to some of the Southern Hemisphere's most complete Victorian streetscapes and 19th-century architecture, made from locally quarried limestone. There you will find shops, galleries and traditional crafts, and this unique slice of history is proudly commemorated each November during Oamaru's Victorian Heritage Celebrations. Both because of the Victorian architecture and the town's artsy atmosphere, Oamaru has become New Zealand's self-proclaimed capital of Steampunk, and a Steampunk Festival is held annually during June.

Oamaru's other claim to fame is its colonies of little blue penguins, the largest of which is now a council-run activity offering a unique opportunity to view the penguins in their

natural habitat. You can also spot another of the world's rarest penguins, the yellow-eyed penguin (hoiho), in addition to the fur seals and other unusual seabirds that call Oamaru home.

For the leisure-seekers, Oamaru Harbour offers stunning views of the Pacific Ocean and an array of cafes, restaurants and artisan shopping. There is even a quirky steampunk-themed playground and bike park to keep the kids busy. Lovers of the great outdoors will enjoy the spectacular local walk and cycling trails, including Cape Wanbrow Walk, the Alps 2 Ocean Cycle Trail and the Bushy Beach Walk. And foodies can sample a variety of locally made treats such as beer and cider, artisan cheese and even classic Kiwi sweets, not to mention the international-award-winning wines being produced in Waitaki Valley, New Zealand's newest wine appellation.

Oamaru is the largest town in the Waitaki District and is thought to be one of the next boom towns attracting people looking to relocate from the big cities.

Oamaru Hospital

Oamaru Hospital, operated by Waitaki District Health Services, is a 44-bed facility providing the only secondary level healthcare services to the population of the Waitaki District, with a catchment population of approximately 22,000 within a boundary area of approximately 8,990 square kilometres. Located in the central business area of Oamaru, it aims to provide high-quality hospital and community healthcare services close to home.

The hospital offers a range of public and private integrated services including a 24/7 Emergency Department, Inpatient beds, Maternity, Laboratory, Specialist Outpatient Clinics, Radiology (Plain Film Radiography,

CT Scanning and Ultrasound), Geriatric and Mobile Surgical Services. It also serves as the base for wider Allied and Community Health Services such as District Nursing, Physiotherapy, Social Work, Occupational Therapy and Clinical Needs Assessment.

For doctors and other health professionals, Oamaru Hospital provides a unique opportunity to work with a dedicated team in a modern facility with up-to-date equipment and technology, while enjoying the great lifestyle that the region has to offer.

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Sitting on the shore of Lake Wakatipu and bordered by the dramatic Remarkables ranges, Queenstown is one of New Zealand's most renowned destinations. As the birthplace of bungy jumping, it's no surprise that adventure-seekers are drawn to the "adventure capital of the world," which is famous for the many outdoor activities on offer year-round. Queenstown is a popular base for skiers and snowboarders during winter and offers a variety of activities for every other season including cycling trails, canyon swinging, jetboating, skydiving, helicopter tours, horse trekking and river rafting.

Not to be pigeonholed as the domain of the adrenaline-junkies, the town provides plenty of more laid-back options as well. Walking tracks, hiking trails and sightseeing tours are just a few of the ways you can immerse yourself in the spectacular scenery, or for a mellower alternative, take a relaxing uphill gondola ride and enjoy sweeping views of the landscape from a new perspective.

With day spas, a vibrant restaurant scene, thermal hot springs, boutique shopping and fine vineyards nearby, there are plenty of ways to indulge during your time off, making Queenstown a fantastic place to create your ideal lifestyle. When you want to go further afield, visit the quaint gold-mining village of

Arrowtown or make the two-hour scenic drive to Te Anau and the spell-binding landscape of fiords beyond. The well-serviced airport and robust infrastructure check the boxes of accessibility and convenience for those who choose to make Queenstown their permanent home.

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Lake District Hospital

Situated in Frankton, the Lakes District Hospital services a permanent population of 23,000 people across the Queenstown Lakes District, including Queenstown, Arrowtown, Kingston, Garston, Glenorchy and the Wakatipu Basin, along with a large number of tourists each year.

The hospital has a total of 21 beds, consisting of Inpatient Acute Care, Maternity, Disability Support, Long Stay Elderly Hospital Care, Allied Health Services, Diagnostics, Radiology, District Nursing, Mental Health and Emergency. For minor procedures, there are 10 visiting specialists who provide outpatient clinics and day surgery.

There are around 400 ED presentations each month with up to 50 transfers to secondary or tertiary hospitals, creating a varied work environment for staff. Along with a multidisciplinary team structure and good linkages with local GPs, there are also strong linkages with Southland Hospital and Dunedin Hospital, which provide secondary and tertiary services when needed.

The Lakes District Hospital sees around 400 ED presentations each month with up to 50 transfers to secondary or tertiary hospitals, creating a varied work environment for staff.





Dunedin is the second largest city in New Zealand's South Island and is renowned for its unique landscapes and fascinating cultural history, with many opportunities to get close to rare wildlife and soak up the quirky city vibe. The city has a population of approximately 120,000 people.

Known as the Edinburgh of New Zealand, Dunedin wears its Scottish heritage with pride. Surrounded by hills and at the foot of a picturesque harbour, the city is among the best-preserved Victorian and Edwardian cities in the Southern Hemisphere. With fantastic accommodation, a nightlife that buzzes with funky bars and delicious restaurants, along with an array of unique natural attractions, Dunedin is a fascinating city to be in.

Don't miss a drive up the Otago Peninsula, where you'll get a chance to enjoy some stunning views and its rugged coastline. Nestled at the foot of Taiaroa Head is the Royal Albatross Centre, the only mainland place in the world where Northern Royal Albatross can be seen in their natural habitat. On Dunedin's doorstep you'll also find other incredible wildlife, including some of the world's rarest penguin colonies.

17 **Dunedin**

Surrounded by hills and at the foot of a picturesque harbour, the city is among the best-preserved Victorian and Edwardian cities in the Southern Hemisphere.

Dunedin Hospital

Dunedin Hospital is a 388-bed tertiary facility employing over 3,000 staff and servicing an Otago catchment of 181,500 people. Located in the heart of the city centre, Dunedin Hospital is the tertiary hospital for the lower part of the South Island (inclusive of Southland – providing tertiary services for a combined catchment of 289,000 people) and is home to all specialties plus a broad array of sub specialties.

The hospital includes Intensive Care, Neo-Natal Intensive Care and Coronary Care Units, eight main operating theatres and two day surgery theatres. Dunedin Hospital also operates a regional helicopter retrieval service. Dunedin Hospital has modern radiology services, including MRI, CT, Ultrasound, Nuclear Medicine and interventional radiology. Specialised

psychiatric hospital services and services for people with intellectual or physical disabilities are provided from Wakari Hospital (150 beds) and is located about 3km from Dunedin Hospital (a 10-minute drive up the hill).

Dunedin Hospital is a University teaching hospital with very strong links to the University of Otago and the Otago Polytechnic Schools of Nursing, Midwifery and Health Sciences. Each year, Dunedin Hospital sees 36,000 emergency department presentations, performs approximately 10,200 theatre operations, 1800 births, and 23,000 discharges.

A standout attraction of Dunedin Hospital is the close working relationship which it shares with the University of Otago and

Otago Polytechnic for the provision of education and research. This vital link with the Dunedin School of Medicine (New Zealand's first, which was established in 1877) sees Dunedin Hospital as a teaching and clinical training hospital and offers opportunities for medical professionals interested in shared research, teaching and clinical work. The University of Otago is New Zealand's oldest and is widely considered to be the country's foremost tertiary educator – having earned an enviable international reputation, particularly in Health Sciences.

The Lakes District Hospital sees around 400 ED presentations each month with up to 50 transfers to secondary or tertiary hospitals, creating a varied work environment for staff.





Invercargill is the regional capital and commercial hub of Southland. With a population of around 52,000, the laid-back agricultural town is rich with natural beauty, plenty of character and firm Scottish traditions. Recognised as New Zealand's "Classic Motoring Capital," Invercargill is home to impressive displays of vintage trucks and motorcycles, including the modified Indian Scout that holds the standing land speed record, Burt Monro's "the World's Fastest Indian."

As New Zealand's southernmost city (and one of the southernmost cities in the world), Invercargill is a great place to appreciate the night sky at its finest. While the Northern Lights may be the more famous of the auroras, the Aurora Australis, its southern counterpart, is no less breath-taking. The long nights that stretch across the winter months in this region offer perfect conditions to view the spectacle, and the Milky Way and Southern Cross are easily visible year-round.

Invercargill is great placing for families of all shapes and sizes, with free tertiary

education for New Zealand citizens available at the Southern Institute of Technology. The city is well-equipped with a range of shops, cultural attraction, lively restaurants and bars, as well as numerous nature reserves and parks. Queens Park is a local favourite, with its sprawling 80 hectares of sports areas, wildlife habitats, playgrounds and neatly manicured gardens.

Those looking for a way to get even closer to nature will enjoy the many great hikes available close by, including the soaring peaks of the Routeburn Track, and the vast high country and limestone formations of the Kepler Track. Invercargill is also the perfect gateway to the rest of Southland and beyond, with the stunning bays, dense forests and rare birdlife of Stewart Island just a leisurely ferry ride away.

With a population of around 52,000, the laid-back agricultural town is rich with natural beauty, plenty of character and firm Scottish traditions.

Southland Hospital

Southland Hospital, one of three hospitals that fall under the Southern District Health Board, is a secondary level, 160+ bed facility employing around 1,500 staff. Servicing a population base of around 108,000 people, Southland Hospital provides a range of services including 24-hour emergency, maternity, acute medical and surgical, paediatric, laboratory, medical diagnostics, outpatient and day procedures, as well as rehabilitation and therapy.

Despite its size, the hospital is modern and well-equipped, featuring state-of-the-art technology such as a 1.5T MRI Scanner, PACS digital radiology, 62-slice CT Scanner and an IPM electronic patient management system, as well as Ultrasound, X-Ray and Nuclear Medicine capabilities. It is also a teaching hospital, with ties to the University of Otago,

the Southern Institute of Technology and Otago Polytechnic.

Each year, Southland Hospital sees around 5,000 theatre operations, 30,000 Emergency Department attendances, 1,100 births and 17,000 discharges, providing plenty of variety for staff. The team is friendly and close-knit, readily embracing newcomers and focusing on caring for patients in the most personalised way possible. Facilities for staff include 24/7 access to the library, as well as a lounge with sofas, a TV and a kitchen.

The Lakes District Hospital sees around 400 ED presentations each month with up to 50 transfers to secondary or tertiary hospitals, creating a varied work environment for staff.





We also have a Location Guide for **Australia**. If you'd like to get a copy of this or discuss employment options, please get in touch with our friendly team on the details below.

Contact Triple0

Phone (NZ): +64 3 373 6380
Free Phone (NZ): 0800 15 0009
Fax (NZ): +64 9 355 0400

Phone (AUS): +61 7 3613 0071
Free Phone (AUS): 1800 212 899
Fax (AUS): +61 7 3607 5337

Email: doctors@triple0.com